

## ☺ Spirit Teams ☺

In an effort to strengthen the team unity between our younger and older swimmers, we will be creating **Spirit Teams** this season. These teams will be formed during our *Team Spirit Night*, which will be held on Sunday, June 24<sup>th</sup>. They will consist of children from every age group. Each Spirit Team will create a team name and team banner that evening. The idea of Spirit Teams is to allow swimmers of different ages and abilities to get to know each other and have specific teammates to cheer for during the swim meets.

In addition to the Team Spirit Night Celebration, we will be having **three special practices** designed for the swimmers to spend time with their Spirit Teams. We will play games and swim relays and **JUST HAVE FUN!**

**Spirit Team Practices will take place on the following dates:**

Tuesday, July 3<sup>rd</sup>  
Thursday, July 12<sup>th</sup>  
Tuesday, July 17<sup>th</sup>

**The Schedule for these practices will be as follows:**

**11 & Overs: 9:15 – 10:30**  
**10 & Unders AND Developmental Team: 10:00 – 11:00**

During the overlap (10:00-10:30), we will have the Spirit Teams join together and have some fun in the pool!

I am really excited to see how this idea works out!  
Based on the spirit of our team the past few years,  
I think that this can only add to it!

If you have any questions, please call Karen at (862) 485-1021  
or email her at [oceanbocian2@yahoo.com](mailto:oceanbocian2@yahoo.com).